

# PARENTS TOGETHER

A Boys and Girls Clubs of Canada Program

*Do you feel concerned about your teen?  
Do you feel unsure at times on how to support your teen?  
Do you worry about your teen's choices?*

Non-judgemental  
**Respect**  
Empathy Compassion  
Hope Self-Care Support  
Communication Boundaries  
Temperament Relationships  
Brain Development

## We Understand



Boys & Girls Clubs of Canada  
Clubs Garçons & Filles du Canada

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